

# ACCRTA NEWS

Arkansas City Clerks, Records and Treasurers Association

June 2007

## Arkansas Municipal League Summer Convention June 13 – 15, 2007 Hot Springs AR

All:

Most of you know the annual **ARML Summer Convention** will be in June. The **April 2007, City and Town** includes the registration form or you can register on line at [www.arml.org](http://www.arml.org) and *pay by credit card*.

Several of you have asked about the **schedule**. A **tentative program brief** is included on **page 18**.

**Wednesday, June 13,** 2:00 p.m. **AR City Clerks, Records and Treasurers Association Annual Meeting**  
I just spoke to Ken Wasson to confirm the time will be 2:00 p.m. *(This meeting is important for Association members and any other clerks, etc. – please plan to attend).*

3:30 – 7:00 p.m. Registration and Exhibit Hall Open  
5:30 p.m. Resolutions Committee Meeting  
7:00 p.m. Opening Night Banquet

**Thursday, June 14,** 7:30 a.m. – 4:30 p.m. Registration Open  
7:30 a.m. – 5:00 p.m. Exhibits Open  
7:30 – 8:45 a.m. Host City Breakfast (Biscuits and Gravy!!!)  
9:00 a.m. – 12:30 p.m. General Sessions  
12:30 – 1:30 p.m. Luncheon  
1:30 – 5:30 p.m. Concurrent Workshops  
5:30 – 9:00 p.m. *Evening Open – Entertainment Options*

**Friday, June 15** 7:15 - Registration Open  
7:30 – 8:45 a.m. Host City Breakfast  
9:00 – 10:00 a.m. Officials' Exchange  
10:15 a.m. – 11:30 a.m. Annual Business Meeting  
11:45 a.m. – 1:30 p.m. Awards and New Officers' Luncheon – *Presentations will be made to new Certified Arkansas Municipal Clerks*

If you haven't registered, please do so as soon as possible.

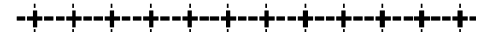
Diane

Diane Whitbey, CMC  
City Clerk and Collector  
North Little Rock, AR



**DOOR PRIZE REMINDER – PAGE 3!!**

*ACCRTA District Meeting  
August 2 & 3, 2007  
Newport, Arkansas  
Linda Treadway, Hosting*



**District 1 Meeting  
Paragould AR  
Hosted by Judy Reddick  
April 19 & 20, 2007**

City Clerk Judy Reddick hosted the District 1 meeting of Arkansas City Clerks, Records & Treasurers Association on Thursday and Friday, April 19 & 20, 2007 in Paragould, Arkansas.

On Thursday evening, visiting clerks, recorders, treasurers, and deputies, along with city officials from Paragould, enjoyed a delicious barbecue dinner from Redneck Bar-B-Q and entertainment by Doc and His Friends, also known as Jubilee.

Friday morning, thirty participants heard presentations by Dr. Matthew Crain, Executive Director of Center for Fathers and Families; Arkansas Attorney General Dustin McDaniel; Arkansas Senator Robert Thompson; and his father, former city attorney for Paragould, Robert Thompson.

After lunch at Buffalo's Southwest Café, the group toured Paragould and took an afternoon break at the Chamber of Commerce in the historical Greene County Courthouse.

Georgia, Shelia, Margot and I did enjoy having you here and invite you back to "The Friendly City" whenever you can come.

Judy Reddick, CMC  
City Clerk

**A SPECIAL THANKS TO JUDY,  
HER GREAT GROUP OF HELPERS  
AND THE CITY OF PARAGOULD  
FOR HOSTING A  
WONDERFUL MEETING! !**

## PRESIDENT'S MESSAGE- Diane Whitbey

Dear ACCRTA members and friends,

I want to take one last opportunity to encourage all of you to make plans to attend the **Arkansas Municipal League's Annual Summer Conference in Hot Springs, June 13 – 15, 2007**. Our association holds its annual meeting during the ARML Summer Conference. During this meeting, we will vote on officers for 2007-2008 and hear committee reports covering activities from July 2006 – June 2007. This will also be when you get to hear my parting remarks (I know don't get too excited!). The conference is a well-organized, educational event. Information is available in City and Town and online. Individual sessions have been scheduled pertaining to many topics relating to your city or town. Awards will be presented to those City Clerks, Recorders and Treasurers who have applied to be **Certified Arkansas Municipal Clerks (CAMC)**. This is a new program designed to help those clerks who may not be able to attend a lot of meetings, to become certified in the state. More information is available on our website at [www.accrta.org](http://www.accrta.org).

Arkansas will again host the **IIMC Region IV** meeting this year. (Region IV includes Arkansas, Oklahoma, Texas, Louisiana and Mississippi). The host hotel will be the Double Tree. All Arkansas City Clerks, Recorder and Treasurers are encouraged to attend and support our association. This will also be a great learning opportunity. The dates are November 30 and December 1, 2007. More details will be available in Hot Springs and online!

“Where have all the flowers gone?” This is the name of a folk song I remember singing as a child. It comes to mind now as I write my final letter as your state president. This year we have made so much progress as an organization. We have made much progress as a group of professionals as well. I want to thank each and every one of you for your time and commitment to ACCRTA and to your cities and towns. Without you, your community would not prosper. Without you, our association would not prosper.

Again, I encourage you to *go forth and prosper*. Your glass is half empty if that's the way you see it. My **GLASS IS HALF FULL!** Heck, it might even overflow soon.

May God bless each of you. I wish you much success and happiness in the future!

Diane (and Mel, of course)

Diane Whitbey, CMC  
North Little Rock City Clerk



**Diane's Baby "Mel"**



**Diane & Mayor Patrick Henry Hays performing at a recent fundraiser as the famed Sonny & Cher!!**

## MUNICIPAL CLERKS INSTITUTE & IIMC NEWS...

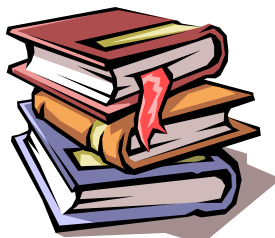
Hi everyone! I hope you are all planning to attend this fall's Municipal Clerks Institute in Fayetteville. As usual, a great week of classes is shaping up, with instruction from UA faculty, experienced clerks and other experts. Whether you are new to the job or have years of experience, there is always something new to learn at Institute. So mark your calendars for September 17-20, and look for application forms to arrive at your office in late July.

I also have some IIMC news to share with you...

1. It's Arkansas's turn to host the Region IV IIMC Meeting! We only get the chance every five years, so I hope you will be able to attend this year - it's a great chance to show off our state and get to know fellow clerks from our region. The dates are November 29-December 1, and the meeting will be held in Little Rock.
2. Anyone who begins work toward becoming an IIMC Certified Municipal Clerk in 2007 will be required to complete 120 hours of education. And those entering the path to earn IIMC Master Municipal Clerk status in 2007 must complete 164 education hours. Not to worry, though! The Education Committee is working to ensure that our clerks have plenty of opportunities to gain approved educational hours. Look for more information in the coming months, as our plans are set.

I look forward to seeing you at the ACCRTA business meeting in Hot Springs!  
Kim

Kim Jones  
Institute Director  
University of Arkansas Municipal Clerks Institute  
800.952.1165



## ARKANSAS MUNICIPAL LEAGUE CLERKS MEETING REMINDER

We are asking that each clerk bring a door prize to be given away at the meeting. Thanks!



### **HYDROGEN PEROXIDE - BENEFITS GALORE!!**

*Gentry Librarian Darla Threet found this article and we thought you all might enjoy it also.*

"I would like to tell you of the benefits of that plain little old bottle of 3% peroxide you can get for under \$1.00 at almost any store. My husband has been in the medical field for over 36 years, and most doctors don't tell you about peroxide."

1. Take one capful (the little white cap that comes with the bottle) and hold in your mouth for 10 minutes daily, then spit it out. (I do it when I bathe) No more canker sores and your teeth will be white without expensive pastes. Use it instead of mouthwash. (Small print says mouthwash and gargle right on the bottle).

2. Let your toothbrushes soak in a cup of peroxide to keep them free of germs.

3. Clean your counters, table tops with peroxide to kill germs and leave a fresh smell. Simply put a little on your dishrag when you wipe, or spray it on the counters.

4. After rinsing off your wooden cutting board, pour peroxide on it to kill salmonella and other bacteria.

5. I had fungus on my feet for years - until I sprayed a 50/50 mixture of peroxide and water on them (especially the toes) every night and let dry.

6. Soak any infections or cuts in 3% peroxide for five to ten minutes several times a day.

7. Fill a spray bottle with a 50/50 mixture of peroxide and water and keep it in every bathroom to disinfect without harming your septic system like bleach or most other disinfectants will.

# eDocAmerica

## Attention City Clerks: \$500 Visa Gift Card Promotion

Did you know that your Municipal Health Benefit Fund insurance provides you and your family free and unlimited email access to physicians and psychologists? Have you ever needed a second opinion on something? Do you have a question about your child? Do you need some advice on stress management? Ask eDocAmerica! During this month, eDocAmerica is sponsoring a \$500 Visa Gift Card Promotion. At the end of the month, seven winners will be chosen and gift cards will be distributed in the following amounts: 1-\$150; 1-\$100; 5-\$50. All you need to do is try out this great benefit!

eDocAmerica provides unlimited email access to board certified physicians and psychologists with personal answers usually arriving back to you in just 3 or 4 hours (guaranteed within 24hrs). There is also a 24hr toll free Registered Nurse Advice Line that is now available for you and your entire family to use. Along with these benefits you can also enjoy our 3D Health Encyclopedia, Searchable Medical Library, Healthy Lifestyle Assessment, Weekly Health Tips, and Personal Health Record.

Please take some time to encourage your city members to participate. You can download the promotional flyer at [www.edocamerica.com/public/ami](http://www.edocamerica.com/public/ami). eDocAmerica has been proven to save time and money for the health plan and its members

([www.edocamerica.com/report/formalsummary.aspx](http://www.edocamerica.com/report/formalsummary.aspx)).

eDocAmerica is a valuable benefit for everyone. If you have any questions or needs, please do not hesitate to contact eDocAmerica at [info@edocamerica.com](mailto:info@edocamerica.com) or through our toll free number 1.866.525.3362.

Have a great week!

Matt Henry

NOTE: Mr. Henry will be out of pocket until after June 11, 2007 if you have any questions. Thanks!!

8. Tilt your head back and spray into nostrils with your 50/50 mixture whenever you have a cold, or plugged sinuses. It will bubble and help to kill the bacteria. Hold for a few minutes then blow your nose into a tissue.

9. If you have a terrible toothache and cannot get to a dentist right away, put a capful of 3% peroxide into your mouth and hold it for ten minutes several times a day. The pain will lessen greatly.

10. And of course, if you like a natural look to your hair, spray the 50/50 solution on your wet hair after a shower and comb it through. You will not have the peroxide burnt blonde hair like the hair dye packages, but more natural highlights if your hair is a light brown, reddish, or dirty blonde. It also lightens gradually so it's not a drastic change.

11. Put half a bottle of peroxide in your bath to help rid boils, fungus, or other skin infections.

12. You can also add a cup of peroxide instead of bleach to a load of whites in your laundry to whiten them. If there is blood on clothing, pour directly on the soiled spot. Let it sit for a minute, then rub it and rinse with cold water. Repeat if necessary.

13. I use peroxide to clean my mirrors with, and there is no smearing which is why I love it so much for this.

It is a little brown bottle no home should be without! With prices of most necessities rising, I'm glad there's a way to save tons of money in such a simple, healthy manner.

Share these tips with others - 3% peroxide goes a long way!!



## Arkansas City Clerks, Records & Treasurers Association 2006 – 2007 OFFICERS

### President

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**ACCRTA NEWSLETTER** - Jo Ellen Martin  
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