**Words of Value** (Taken from *Dare to Lead* by Brene’ Brown, p. 188)

**Instructions:**  Read through all the words and circle 15 that are most meaningful to you – they truly describe who you are. Review the 15 circled words and cross out 5 to bring your total to 10. Carefully review the 10 words and then put a “star” next to the 5 words that most represent you. Those are your top 5 values by which you conduct your life and leadership. **Extra Challenge**: Try to get it down to your top 2 words.

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| --- | --- | --- | --- | --- |
| **Accountability** | **Achievement** | **Adaptability** | **Adventure** | **Altruism** |
| **Ambition** | **Authenticity** | **Affection** | **Autonomy** | **Balance** |
| **Being the Best** | **Belonging** | **Beauty** | **Career** | **Caring** |
| **Collaboration** | **Commitment** | **Community** | **Compassion** | **Competence** |
| **Confidence** | **Connection** | **Contentment** | **Contribution** | **Cooperation** |
| **Courage** | **Creativity** | **Curiosity** | **Dignity** | **Diversity** |
| **Decisiveness** | **Dependability** | **Discipline** | **Environment** | **Efficiency** |
| **Equality** | **Ethics** | **Excellence** | **Effectiveness** | **Empathy** |
| **Faith** | **Family** | **Financial Stability** | **Forgiveness** | **Freedom** |
| **Friendship** | **Fun** | **Future generations** | **Flexibility** | **Generosity** |
| **Giving back** | **Grace** | **Gratitude** | **Growth** | **Harmony** |
| **Health** | **Home** | **Honesty** | **Hope** | **Humility** |
| **Humor** | **Inclusion** | **Independence** | **Initiative** | **Innovation** |
| **Integrity** | **Intelligence** | **Intuition** | **Job Security** | **Joy** |
| **Justice** | **Kindness** | **Knowledge** | **Leadership** | **Learning** |
| **Legacy** | **Leisure** | **Love** | **Loyalty** | **Making a Difference** |
| **Nature** | **Openness** | **Optimism** | **Order** | **Open-Mindedness** |
| **Parenting** | **Patience** | **Patriotism** | **Peace** | **Perseverance** |
| **Personal fulfillment** | **Power** | **Pride** | **Productivity** | **Prosperity** |
| **Recognition** | **Reliability** | **Resourcefulness** | **Respect** | **Responsibility** |
| **Risk taking** | **Safety** | **Security** | **Self-discipline** | **Self-expression** |
| **Self-respect** | **Serenity** | **Service** | **Simplicity** | **Spirituality** |
| **Sportsmanship** | **Stewardship** | **Success** | **Teamwork** | **Thrift** |
| **Time** | **Tradition** | **Travel** | **Trust** | **Truth** |
| **Understanding** | **Uniqueness** | **Usefulness** | **Vision** | **Vulnerability** |
| **Wealth** | **Well-being** | **Wholeheartedness** | **Wisdom** | **Write your own:** |