



*Dare to Lead: Brave Work.
Tough Conversations.*
by Brené Brown
December 15, 2023

Time CDT	Topic
7:45 – 8:15a.m.	Introductions and Opening Activity <ul style="list-style-type: none"> • Quotes of the Day
8:15 – 8:30a.m.	Introduction to Athenian Leadership Society
8:30 – 9:45a.m.	<ul style="list-style-type: none"> • Brave Leaders and Courageous Cultures • Video • Part One – Rumbling with Vulnerability <ul style="list-style-type: none"> ○ The Moment and The Myths ○ Call to Courage
9:45 – 10:00 a.m.	BREAK
10:00 – 10:15a.m.	<ul style="list-style-type: none"> • Part One (Cont.) <ul style="list-style-type: none"> ○ The Armory
10:15 – 10:55a.m.	Group Discussions: The Armory (16 Armored Practices/16 Daring Leadership Practices)
10:55 – 11:15a.m.	De-brief of Group Discussions
11:15 – 12:15p.m.	LUNCH & IIMC Region IV Business Meeting
12:15 – 12:45p.m.	<ul style="list-style-type: none"> • Part One (Cont.) <ul style="list-style-type: none"> ○ Curiosity and Grounded Confidence ○ Shame and Empathy • Part Two – Living into Our Values • Values Exercise
12:45 – 1:15p.m.	Group Discussions: – What are your shared values and how do your values shape your life/work roles?

1:15 – 1:30p.m.	De-brief of Group Discussions
1:30 – 1:50p.m.	<ul style="list-style-type: none">• Part Three – Braving Trust
1:50 – 2:05p.m.	BREAK
2:05 – 2:35p.m.	<ul style="list-style-type: none">• Part Four – Learning to Rise• Video
2:35 – 2:55p.m.	Group Discussions – How Will YOU Rise? What is one thing you can do differently beginning today?
2:55 – 3:15p.m.	De-brief of Group Discussions Quotes of the Day Dialogue Conclusion